

CURRICULUM VITAE

Carsten Dohm



Data Birth: Address: Phone: Mail:		08. marts 1971 Mølledammen 5d, 2980 Kokkedal 0045 26 25 89 39 carstendohm@gmail.com
Higher Education		
2004 – 2013		Education in: <ul style="list-style-type: none"> • Coaching, • Sport Nutrition, • Physical education, • Sports psychology, • Lifeskills, • Sports Basics.
1997 - 1998 (01.09 – 01.06)		Higher Diploma in Science and Football. John Moore's University (JMU) in Liverpool Diploma i: <ul style="list-style-type: none"> • Sports psychology, • Football Sociology • Technical training • Tactical training • Biomechanics • Development of elite environments.
1993 – 1997		Danmarks Idræts Forbunds sports courses. (Anatomy, Physiology, Psychology, sports nutrition, social skills)
General education:		
1997 – 1998 (15.08 – 05.06)		BSc Higher Diploma In Science and Football (Liverpool - John Moores University)
1994 - 1997 (01.09 - 01.06)		B.S. in sport (University of Copenhagen)
1991 - 1992 (01.09 - 01.05)		Idrætshøjskolen I Århus (Sportsschool)
1989 - 1991 (01.08 - 01.07)		HF-Gymnasium
1989 (01.02 – 01.06)		Sportshøjskolen in Aalborg (semi-professional football).
Language:		Danish: written /spoken English: written /spoken German: spoken Sign language
Coaching Education:		
Michael Frost Coaching 2013 (10.01 – 08.03)		Coaching in organizations <ul style="list-style-type: none"> • Coaching in sport and organizations (Exam = A)



Football education:	
DBU Copenhagen Level 1: 2009 – 2010 (01.12 – 31.12) Level 2: 2011 – 2012 (01.12 – 31.12)	Football coach education (Trænerakademiet). Responsible for the coaching academy – <i>DBU Copenhagen Trænerakademi</i> . What have I achieved? The course achieved the highest satisfaction score ever rated in DBU-Copenhagen (from the participants/coaches).
DBU (Danish Football Association) Instructor	DBU instructor at DBUs coach education. <ul style="list-style-type: none"> • B1-Licens (2007 og 2009) • A-Licens 2008 (01/01 - 31/12)
DBU (Dansk Boldspil Union) Education 2005-2006	A-licens Education (1999 - November 2001) <ul style="list-style-type: none"> • Trænerskolen i Ålborg Goalkeeper coach licens-education (1996) Test-Course (1996) (Passed – access to carry on the A-Coaching licence) Youth Coach og Senior Coach education (1995 & 1996) C-licens (1993) Co-author on "Aldersrelateret Træning 1" (A curriculum for youth training, Nationally)
Job experience:	
2007 – 2013 (01.08 – 17.12)	FC Nordsjælland (FCN) <ul style="list-style-type: none"> • U15 Coaching Director and Performance Coach • Performance coach U10-U15. • Responsible for FCN Football Academy – sports wise. • DBU T+ coach. • Co-Responsible for the <i>Fodboldsamarbejdet Nordsjælland (FSN)</i> – responsible for the sports department. What have I achieved? Founder and author for FCN elite youth setup (<i>specific training</i>). Startup with numbers of 6 players in 2007 and with the status of 100 players in 2013 from the age groups U10-U15 (born year 1995-2004.)



	<p>I have contributed and been co-responsible for the delivering of 30 youth players from own setup (U10 to FCN U17 and U19) from where 8 players has taken the step to the Superliga (1st team).</p> <p>Co-founder and author for the buildup and setup of the FCN Academy in 2010. I have established the learning environment, been responsible for the Lifeskills education at the FCN Academy.</p> <p>Guidance and pioneer for the high quality of football skills in FC Nordsjælland elite environment, which has been build up from zero, to one of the leading national talent development environments.</p>
<p>2000 - 2010 (01.08 – 01.07)</p>	<p>CPH West (Business School)</p> <p>Elite responsible and Head Coach at the elite program at CPH West (football education).</p> <p>What have I achieved?</p> <p>I have in co-operation with Peter Sixhøj and Trine Ladekarl build up and developed the elite concept "school education and elite sport". CPH West has been in many years a dominating school regarding elite sport and the education concept.</p> <p>In this aspect, I was an important part of the creation of a unique constellation and combination between school and clubs for elite athletes.</p> <p>Top players that I have been coaching and working with: <i>Daniel Agger – Mikkel Thygesen – Stefan Pedersen – Yasin Avci, Henrik Kildentoft – Morten "Molle" Rasmussen – Mike Jensen – Anders Randrup – Kasper Lorentzen – Nicki Bille – Danny Olsen – Nicolaj Agger and many more...</i></p>
<p>2005 – 2007 (16.12 – 31.12)</p>	<p>Brøndby IF (BIF)</p> <p>Head of development for the youth U7-U15</p> <p>What have I achieved?</p> <ul style="list-style-type: none"> - Founder of the BIF elite youth setup (specific training). - Established the elite environment U12-U15, with training across teams, trainer teams and the focus on process-orientated training. <p>Top players that I have been coaching and working with: <i>Daniel Agger – Kasper Lorentzen – Henrik Kildentoft – Nicolaj Boilesen – David Ousted – Thomas Kahlenberg – Michael Khron Dehli – Nicki Zimling , Daniel Wass, Riza Dumisi and many others.</i></p>
<p>2004 – 2005 (01/01 – 15/12)</p>	<p>Brøndby IF</p> <p>Head coach for the U18 team.</p>



<p>2002 - 2003 (01/01 – 31/12)</p>	<p>Nykøbing Falster Alliancen (NFA)</p> <p>Head coach for U18 and supervising officer for the U21 and responsible for the talent development in NFA.</p> <p>Top players that I have been coaching and working with: <i>Søren Christensen – Simon Nagel – Thomas Ravn – Claes Jørgensen.</i></p>
<p>2000 - 2001 (1/1 - 31/12)</p>	<p>Brøndby IF</p> <p>Assistant coach for U16 team. Responsible for the development U7 – U12.</p>
<p>1999 - 2001 (1/10 - 31/12) 1995 - 2001 (1/1 - 31/12)</p>	<p>The Danish Sports Association for Deaf</p> <p>Sports consultant for elite athletes. Head Coach for the Danish Deaf National Team.</p> <p>What have I achieved?</p> <p>Achieved the 3rd place (Bronze) at World Games (OL) held in Copenhagen. First medal for Danish football in the history for deaf.</p>
<p>1998 - 1999 (1/10 - 15/8) (Base in the US)</p>	<p>Soccer Education Company (US)</p> <ul style="list-style-type: none"> • Soccer coach / consultant (from age U8 to the MLS) • Preparation of soccer curriculum's • Author of soccer articles for soccer magazines. • Carried out clinics. • Translating soccer books (for i.e. Jens Bangsbo.)
<p>1997 - 1998 (01.10 – 01.05)</p> <p>(01.12 – 30.04)</p>	<p>Liverpool FC / JMU</p> <p>Assistant head coach at John Moore's University 1st team. The first foreign who has been coach for the university 1st hold and won the national champions for the Universities in the UK.</p> <ul style="list-style-type: none"> • Finishing my Higher Bachelor exam: Author to "Talent development between Liverpool FC and Brøndby IF". • Supervising and assistant coach for Liverpool FC (U12) First student from the JMU whom through 8 month gets fully access to follow the Premiere League club close up. <p>First student and foreign from JMU who become assistant in a premiere League club.</p> <p>In LFC, I had the pleasure to work with a 16 years old boy; his name was <i>Steven Gerrard</i>.</p>

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Present Job:	
01.05.2014 -	<p>Founder and owner of Football4Future</p> <p>A one-man's business who address-consulting work, for clubs, teams, players, and coaches.</p> <p>Furthermore I supplies with expertise for organizations and company in the area of talent development, and how to build up High Performance environments.</p> <p>Working with the project <i>HUI High Performance</i>. A total makeover for a football club (Hørsholm Fodbold) with 1300 members, one of the biggest youth clubs in the country.</p>



Human qualifications:

- Motivator.
 - I have particularly skills as motivator. I experience many players who become motivated by my commitment and my ability to show my feelings and empathy in their development and state of mind.
- Perseverance.
 - I see myself as a perseverant and determent person in the way I set my goals. For example in the case of developing elite environments, where patience, overview and stamina are keywords. These properties characterizing me greatly.
- Professional.
 - I am very professional in my approach to training. I always seek for the highest common denominator, and I do make great demands on mental readiness. As a person, I seek for solutions and alternatives, more than I see the problems and mistakes; instead, I see these as challenges.
- Dedication
 - I am extremely dedicated to my profession and not least, my coaching deeds. It is a dedication, which affects my surroundings with spillover and energy. Through the demands on mental readiness, the generations of energy will become two-sided.

Professional qualifications:

- Large broad academic and professional knowledge.
 - My long and broad education in the game and my human skills gives me the qualifications to work over a wide spectrum of the game.
 - I have a great insight in all facets of the game, and I consider all elements in talent development as important and essential in the aim of developing elite athletes.
 - My insight of how we create and develop elite environments are highly develop in me. Simultaneous with the human formation process are intact.
 - As I have been active myself, and hold a versatile sport education, I am capable of demonstrating exercises and skills myself, and through coaching I succeed by making the individual taking the ownership for learning.
 - Through my insight in the game, I worship and cherish the fun and the creativity from the individual and the unpredictable in the game.